

# CONTENTS

## **PREFACE      ix**

### **CHAPTER 1**

The 10-Year Pattern in the United States Stock Market      1

### **CHAPTER 2**

The Four-Year Phenomenon      15

### **CHAPTER 3**

The Amazing October Effect      29

### **CHAPTER 4**

How to Know for Sure the Bottom Is Here      41

### **CHAPTER 5**

The Next Move Up: Why It Will Be So Spectacular      67

### **CHAPTER 6**

The Purpose of Investing      85

### **CHAPTER 7**

How to Supercharge Your Investment Return      97

### **CHAPTER 8**

The Old Economy Is the New Economy      105

**CHAPTER 9**

Measuring Investor Sentiment for Individual Stocks	123
--	-----

**CHAPTER 10**

The Investment Challenge You Face	145
-----------------------------------	-----

**CHAPTER 11**

Putting It All Together for Long-Term Investment Success	157
--	-----

**CHAPTER 12**

Money Management: The Keys to the Kingdom	193
---	-----

**CHAPTER 13**

Final Thoughts: Nonrandom Thoughts on a Random Market	205
---	-----

**INDEX     217**