

# CONTENTS

	<b>Introduction</b>	<b>1</b>
<b>1</b>	<b>The Roots of Tarot</b>	<b>3</b>
	The exoteric history: the outer game	4
	The Visconti-Sforza families	9
	The esoteric history: the inner map	11
<b>2</b>	<b>Approaching the Tarot</b>	<b>20</b>
	Welcome to the Tarot	20
	Taking a leap into the unknown	22
	Teach yourself Tarot	23
	Encountering the Major Arcana	27
	Encountering the Minor Arcana	34
	Summary	37
<b>3</b>	<b>The Way of Tarot</b>	<b>38</b>
	Symbols: the seeds for growth	41
	Seven categories of transcendent symbolism	43
	Interacting with symbols	51
	From intuition towards gnosis	53
	Summary	54
<b>4</b>	<b>The Elemental Foundation</b>	<b>55</b>
	The elements and the Tarot	55
	The elements within	59
	The Four Holy Kerubs	60
	Astrology and the elements	69
	The Qabalah, the Tarot and the elements	73
	Summary	74

<b>5</b>	<b>The Tarot Court</b>	<b>75</b>
	The royal courts	75
	The inner courts	88
	Summary	94
<b>6</b>	<b>The Four Oracles</b>	<b>95</b>
	The Four Oracles and the Tree of Life	95
	The suits in more detail	103
	Summary	118
<b>7</b>	<b>The Major Arcana</b>	<b>119</b>
	The Journey of the Fool	119
	Summary	140
<b>8</b>	<b>Creating the Tarot Mandala: Divination</b>	<b>141</b>
	The Tarot Mandala	141
	Preparation for divination	144
	Tarot spreads: symbolic patterns	146
	Reading patterns	156
	Summary	159
<b>9</b>	<b>Living the Tarot: The Invitation to Life</b>	<b>160</b>
	The turning point	160
	The invitation to become yourself	161
	The invitation to transformation	163
	The invitation to ceremony	166
	The invitation to journey	167
	The invitation to creativity	169
	The invitation to revision Tarot	170
	<b>Notes</b>	<b>173</b>
	<b>Further Reading</b>	<b>175</b>
	<b>Index</b>	<b>177</b>