

AUTHOR GUIDELINES

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The journal publishes original research articles, review articles and preliminary research reports contributing to knowledge about human movement in training and physical exercise.

A research article should report original research, presenting all the standard elements of a scientific investigation: the INTRODUCTION, METHOD (including participants, instruments and procedure), RESULTS, DISCUSSION, CONCLUSION, ACKNOWLEDGMENTS, REFERENCES and LEGENDS (Illustrations, Tables and Equations).

A review article is a critical evaluation of material that has already been published. A review article should include an analysis, evaluation, and synthesis and should not just be a reproduction of scientific facts. It is composed of the following sections: problem definition, summary of previous research, explanation of subject matter inter-relations, contradictions, problems and suggestions for further research. It includes the following sections: the INTRODUCTION, MAIN TEXT, CONCLUSION, ACKNOWLEDGMENTS, REFERENCES and LEGENDS (Illustrations, Tables and Equations).

A preliminary research report should present the findings of a research report, outlining all the standard elements of scientific investigation. It represents a short report on the completed part of an original research project which is still in progress. Reports of professional practices will need to demonstrate academic rigor, preferably through an analysis of program effectiveness, and should go beyond mere description. A preliminary research report includes the following sections: the INTRODUCTION, METHOD, RESULTS, DISCUSSION, CONCLUSION, ACKNOWLEDGMENTS, REFERENCES and LEGENDS (Illustrations, Tables and Equations).

GENERAL GUIDELINES

The article should be typed in a MS Word text editor, font Times New Roman and should not exceed 16 pages, including all parts of the article (title, abstract, main text, tables, illustrations and references). Author name, affiliation and complete address are to be placed underneath the title.

Language

The article must be in English. Authors from non-English speaking countries are requested to have their text thoroughly checked by a professional. Articles may be rejected on the grounds of poor English. Revisions regarding language errors are the responsibility of the author.

An ABSTRACT which does not exceed 250 words should be provided on a separate page. It should briefly describe the problems being addressed in this study, how the study was performed, the relevant results and what the authors conclude from the results, respectively. The abstract should be written in English and Serbian (a translation will be provided by the Editorial Board for non-Serbian speaking authors). The abstract should be a brief, comprehensive summary of the contents of the article (the problem, method, findings, including statistically significant levels, conclusions and implications).

Below the abstract: **KEY WORDS**, not more than 5 in total, accurately describing the contents of the manuscript. They should be written in English and Serbian.

TEXT

Introduction: this section should state the purpose of the paper, the reasons for the research and the relevant findings of prior research projects.

The Method section is usually divided into: the Sample of participants, Measures (Apparatus or Materials) and Procedures. The procedures (Procedures) should be described in such detail as to enable replication of the experiment and gathering of comparable data. Any statistical method must be outlined in detail in the participants and method section, and any methods not commonly used should be described fully or supported by references.

Results

Limit the number of tables and illustrations to a minimum and use them only as a qualification and support for your statements. Use graphs as an alternative to tables, but do not duplicate the information in tables and graphs. Define the statistical terms, abbreviations and symbols. All given units should be in accordance with the international metric system, and decimal points should be used. The results should be presented in the text, tables and illustrations in a logical order. Do not repeat the data from the tables or illustrations in the text, and present only important findings.